
Life Skills
Video Practice
Stand Out Basic Unit 3

Ask your students the following questions to introduce the topic of the video they will watch.



A **BEFORE** **Ask and answer the questions with a partner.**

1. What do you usually eat for lunch?

2. What do you usually drink with your lunch?

Silent Viewing: Show the video in segments without sound so students can guess at the story line.

WATCH THE VIDEO WITHOUT SOUND AND TRY TO GUESS THE STORY.



Second Viewing: Show the video again so students can check predictions.

WATCH THE VIDEO WITH SOUND AND TRY TO RETELL THE STORY.



Ask your students to watch the video and complete the activity. Replay the video if needed.



B **WHILE** **Watch the video. Choose what Hector and Mateo order.**

1. Hector:	☐ a cheeseburger	☐ french fries	☐ onion rings
	☐ chicken salad	☐ iced tea	☐ soda
2. Mateo:	☐ chicken salad	☐ chocolate cake	☐ iced tea
	☐ chicken soup	☐ french fries	☐ soda

Check the correct answers with students.



B **WHILE** **Watch the video. Choose what Hector and Mateo order.**

1. Hector:	☑ a cheeseburger	☑ french fries	☑ onion rings
	☐ chicken salad	☐ iced tea	☑ soda
2. Mateo:	☑ chicken salad	☑ chocolate cake	☑ iced tea
	☐ chicken soup	☐ french fries	☐ soda

Ask your students to watch the video and complete the activity. Replay the video if needed.



C **AFTER** **Match the questions to the answers.**

_____ 1. Do you need more time to look at the menu?	a. No, thanks. I'm too full.
_____ 2. What would you like?	b. No, I'm ready to order.
_____ 3. What would you like to drink?	c. I'll have a hamburger with french fries.
_____ 4. Would you like anything for dessert?	d. I'll have iced tea with no sugar.

Check the correct answers with students.



C **AFTER** **Match the questions to the answers.**

b 1. Do you need more time to look at the menu?	a. No, thanks. I'm too full.
c 2. What would you like?	b. No, I'm ready to order.
d 3. What would you like to drink?	c. I'll have a hamburger with french fries.
a 4. Would you like anything for dessert?	d. I'll have iced tea with no sugar.

Select students. Have partners take turns performing the task. Check and correct anywhere possible.



COMPARE THE ADVANTAGES OF HOME COOKING AND EATING AT RESTAURANTS. WHEN YOU'RE FINISHED, SUMMARIZE THE GROUP'S DISCUSSION FOR THE CLASS.

Life Skills Video Scripts

UNIT 3 What's for Lunch?

Hector: I am really hungry. **Mateo**: Me too. The menu looks good. What should we have? **Hector**: French fries . . . onion rings . . . hamburgers . . . cheeseburgers . . . tacos . . . chips . . . They all look so good. **Mateo**: French fries, onion rings, and a hamburger? Are you sure? **Hector:** Sure, why not? **Mateo**: Well, it's not very good for you. I'm going to have the salad. You need to eat fresh vegetables every day, you know? Hello? **Hector**: I'm really thirsty too. I think I'll have a soda.

Mateo: Go ahead, knock yourself out. **Naomi:** Hey, you guys! How are you? **Hector:** I'm really hungry. **Naomi**: Well, you've come to the right place. **Hector**: What's for lunch? **Naomi**: Our special today is chicken and rice. The pasta with tomato sauce is really good too. Do you need some time to think about it? **Hector**: Nah, I've already decided. I'll have a cheeseburger, french fries, onion rings, and a glass of soda. **Naomi**: Wow, you really are hungry. How about you, **Mateo**? What would you like? **Mateo**: What's in the chicken salad? **Naomi**: The chicken salad has carrots and mushrooms. **Mateo**: That sounds good. Can I have some tomatoes with it too? **Naomi**: Sure. What would you like to drink? **Mateo**: I'll have iced tea—with no sugar. **Naomi**: Let's see . . . cheeseburger, french fries, onion rings, chicken salad with tomatoes, a glass of soda, and an iced tea, no sugar. I'll be right back. **Naomi**: Here's your salad and iced tea. **Mateo**: Yum! It looks delicious. **Naomi**: And here's your cheeseburger, french fries, and onion rings, and your soda. Are you sure you can eat all that?

Hector: No problem. **Naomi**: Alright, then. Enjoy your meal. **Naomi**: How was it? **Mateo**: Great. The chicken salad was delicious. **Naomi**: Oh, good. I'm glad you liked it. How about you, Hector? **Hector**: Yeah, it was good. Too good. What's for dessert? **Naomi**: We have vanilla ice cream, chocolate cake, and apple pie. What would you like? **Mateo**: I'll have a slice of chocolate cake. **Naomi**: The cake is good. I think you'll like it. How about you, Hector? **Hector**: I'll have . . . nothing. I want dessert, but I'm just too full. **Naomi**: I'm not surprised. You ate a big lunch. I'll be right back with your dessert, Mateo.